

Local takes triple

By Steve Yingling
BONANZA NEWS SERVICE

Sean Meissner didn't mind losing his stranglehold on the Tahoe Triple to part-time Incline resident Thomas Reiss on Saturday.

"You're awesome," said Meissner as he congratulated the San Luis Obispo man for winning the three marathons in three days race in a record 8 hours, 55 minutes and 2 seconds. "I'm in awe of him. If it was a jerk, it would be one thing, but he's not a jerk."



Reiss

Meissner, the four-time defending champion from Sisters, Ore., was a distant fourth at 10:01:36.

"This was my toughest year," said Meissner, who logged 3:24, 3:14 and 3:23 marathons. "I was nowhere near my goal time of 9:15. Even if I would have gotten that, he would have been way ahead of me."

Reiss nearly eclipsed the 3-hour mark on all three days in his first ultramarathon race. He opened with a 2:57 marathon from Emerald Bay to Spooner Summit, then a 2:54 effort from Spooner Summit to Tahoe City and a 3:02:51 on the final leg from Tahoe City to Pope Beach.

Reiss didn't mind recuperating on a rock perch after finishing his 78.6-mile quest.

"Today was the hardest part of the course, there's no question about it," Reiss said.

He eclipsed Meissner's course record by 33 minutes but that wasn't his focus.

"My top priority was making it, having never done something like this," Reiss said. "Based on my training I thought I'd be able to run under 9:15. Beating nine hours was like a dream goal."

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Sports

North Lake Tahoe BROWNSVILLE

Wednesday, October 12, 2005

Soccer

SOCCER CLINIC

Local youth soccer players are participating in a soccer clinic at the University of Nevada, Reno. The clinic is for ages 10-14 and is held every Tuesday from 4:30 to 6:00 p.m. For more information, contact the University of Nevada, Reno at 775-833-1212.

Basketball

BASKETBALL REC

The Nevada State Basketball Association is holding a basketball clinic at the University of Nevada, Reno. The clinic is for ages 10-14 and is held every Tuesday from 4:30 to 6:00 p.m. For more information, contact the University of Nevada, Reno at 775-833-1212.

HS Schedule

Oct. 13
Crestview, Nevada, at Sparks, Nev. (7:30 p.m.)
St. Mary's, Nevada, at Reno, Nev. (7:30 p.m.)
St. Mary's, Nevada, at Reno, Nev. (7:30 p.m.)

Autodrome

Oct. 15
Crestview, Nevada, at Sparks, Nev. (7:30 p.m.)
St. Mary's, Nevada, at Reno, Nev. (7:30 p.m.)
St. Mary's, Nevada, at Reno, Nev. (7:30 p.m.)

all for one

The three girls are participating in a soccer clinic. They are all for one, working together to improve their skills and teamwork.

The 'Three Amigas' shoot for state

By Jack Corvino
BONANZA NEWS SERVICE

The girls practice seven days a week. I never had that happen even when I had a full team. The girls work to get better all the time.

Joe Meissner
BONANZA NEWS SERVICE

Meissner says the girls are working hard to qualify for the state tournament. They are all for one, working together to improve their skills and teamwork.

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Running for research and hope

Local women run in SF race for cancer research and hope

By Jack Corvino
BONANZA NEWS SERVICE

The women are running for a good cause. They are all for one, working together to raise money for cancer research and hope.

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sports continued

Triple

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run an ultra race, I didn't really know what to expect on the second day."

Reiss was more prepared than he let on. The part-time Incline Village resident made a trial run of the course in June.

"I wanted to see how the altitude was and how my body reacted," said Reiss, who also ran various 20-milers on consecutive days, followed by a full marathon on the third day at his home in San Luis

"Five years here, it's a great race but I want to take a break for awhile."

Sean Meissner

Former Marathon Champion

Obispo. "I had a pretty good idea, but a race is always different."

Meissner, having competed in the event five times, had the edge in previous triples because of his superior course knowledge. But Reiss took that away.

"It's key on this course to know it ... to know where to go hard and where to 'ease up,'" Meissner said.

Even before Reiss ended his title reign, Meissner decided that five straight years of competition was enough.

"Five years here, it's a great race and a great event, but I want to take a break from it and do something else."